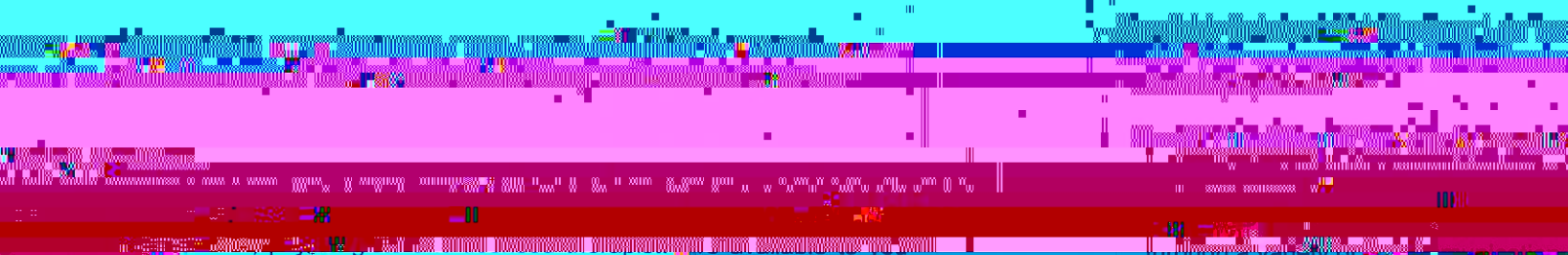
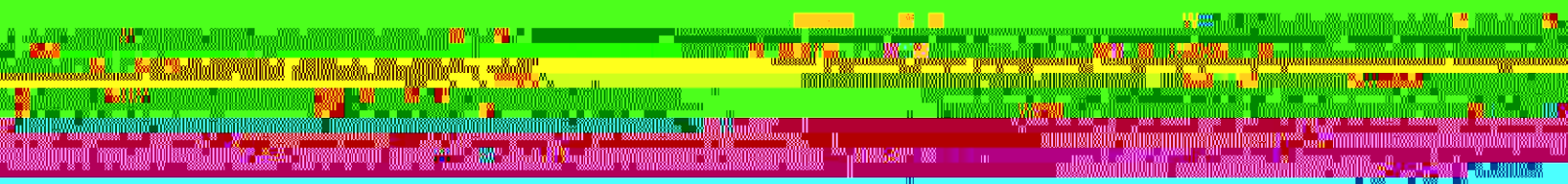


During your policy period, you can learn more about this benefit at [uhc.com/global](#). If you don't see your doctor covered, you can contact your broker or call 1-800-440-9933.

11

IP: 10.10.10.10

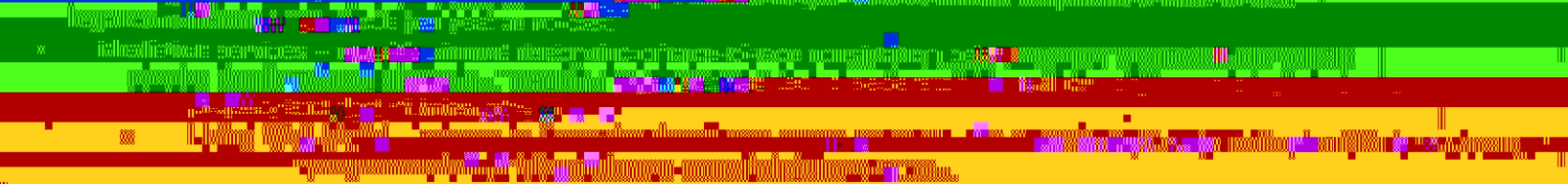
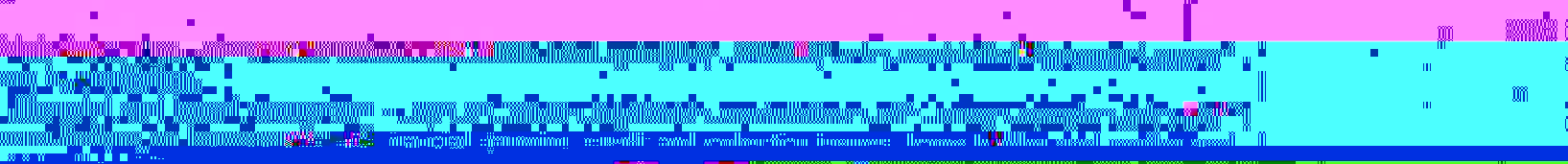
10



methods, including phone and video.

through a variety of [self-care resources](#).

When you sign up, you'll complete



- CollegeLife – direct access to experts on the Optum team and through referrals to a broad spectrum of pre-screened and qualified convenience resources.

Self Care – access to an evidence-based mobile app written by clinical experts that allows insureds to

access on-demand help for stress, anxiety, and depression.

Translation services are available in over 170 languages for most services. More information about these services is available by logging into My Account at www.bep.com (My Account under Additional Benefits)