

# EEKL IP

## FOR FIELD SAFETY

## INCLUSION

Toilet stops in the tundra can often leave field members feeling exposed. It's best to prepare everyone on your team before heading out.

- Pack a field kit with menstrual hygiene products, hand sanitizer, wipes, pain medication, and a spare plastic bag to bring waste back to the station where you can properly dispose of it.
- Folks will often line the outside of waste bags with opaque duct tape for increased privacy.



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Support safe field teams by making sure everyone is prepared before departure

Meet before you depart to discuss proper field gear and create shared expectations

- Point out where to find important safety resources how to use them like satellite phones first aid kits or tire changing equipment
- Address often overlooked personal medical hygiene concerns What can people expect for toilet breaks Should those with daily prescriptions pack extra doses in

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Conflicts amongst team members are bound to arise in the field. Knowing how to intentionally manage them is key to resolution.

**1. Listen actively**

Take turns to explain observations to gain a view of the full story. Listen actively, make sure everyone speaks, be open to hearing differing perspectives.

**2. Don't assume**  
Don't assume what someone believes or did or said, nothing more or less. Take some time to set aside your own perspective. Imagine the other person's perspective.



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