

Meet your personal health care advocate

Health care can be very confusing. Have you ever wondered the difference between an HRA, HSA and FSA? What about that confusing bill you received after your last doctor's visit? DirectPath is here to help!

Your Advocate is ready to:

- Help you understand your health care benefits
- Assist with claims & billing issues
- Help you find in-network providers
- Verify coverage
- Educate you about health plan choices
- Clarify prescription drugs
- Provide total and out-of-pocket costs for tests and procedures

YOUR ADVOCATE WILL EVEN SHOP FOR YOUR HEALTH CARE!



Upgrade Your Access:

F H e. F W . F L fe.



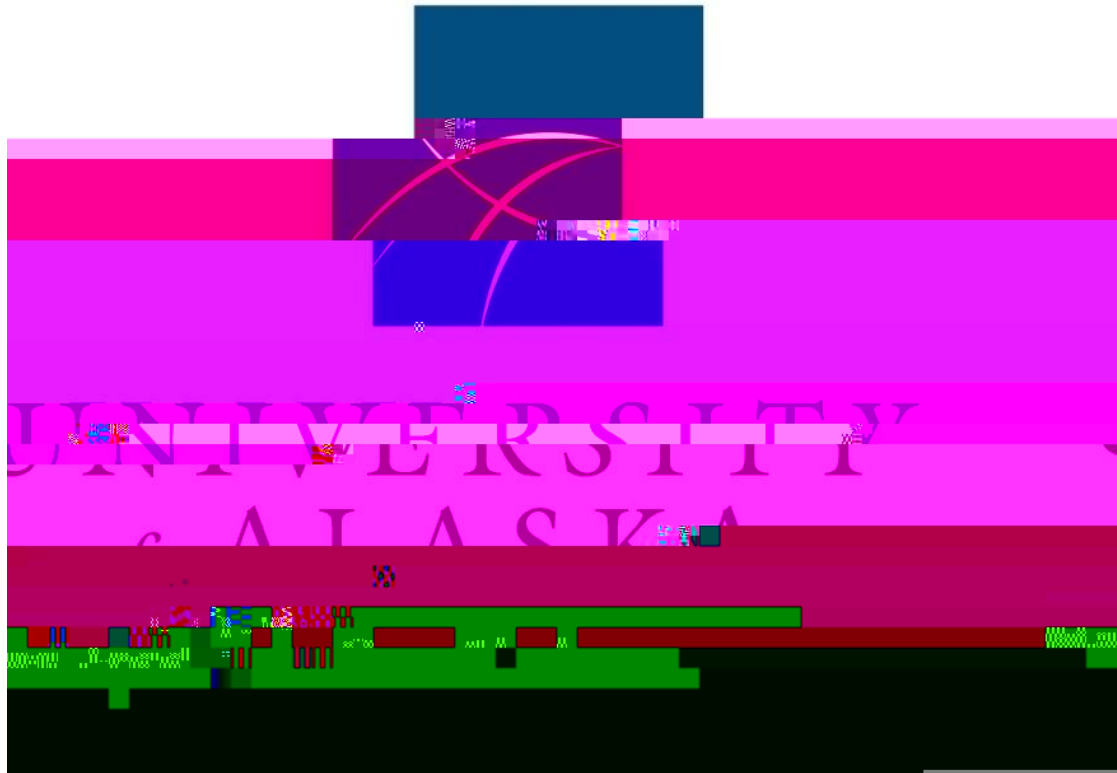
BENEFIT CONTACTS

INTUITIVE NAVIGATION

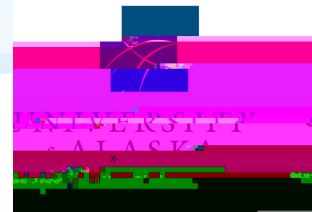
NEWS FEED

INFORMATIVE ARTICLES

INTERACTIVE TOOLS



Staff Alliance Retreat
Erika Van Flein
Director of Benefits





Started July 1, 2017

Increased sessions to 10, lowered overall cost

Call (888) 993-7650, anytime 24/7

www.deeroakseap.com, and use the username and password UofA

Direct link from UA benefits web site

www.alaska.edu/benefits/employee-assistance-progr/
(no login required)

Mobile app is iConnectYou









Consultant Lockton Dunning provides the app





Health Savings Account (HSA)

What is it?

A bank account with pre-tax money to pay for eligible health care expenses

Contribute by payroll deduction or make a deposit to HSA

Can use it for current expenses (deductibles, etc) or save it for future use, the choice is yours

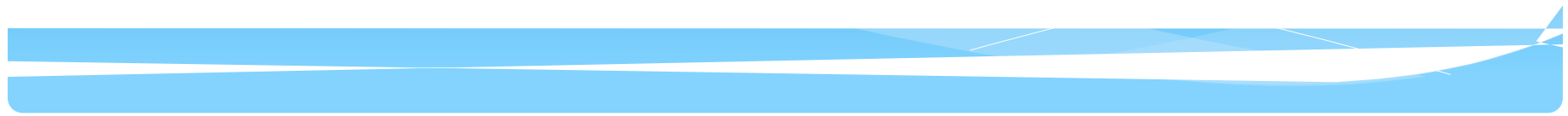
You own this account, and take it with you when you leave the University of Alaska

Unused balance rolls over year to year, no "use it or lose it"



Bank of America administers UA's HSA
Welcome kit and debit card









Premera.com

- Register at Premera.com, all you need is your ID card
- Find in-network doctors in your area, all of Alaska or any other state
- Pharmacy preferred drug lists
- Sign up for Electronic EOB and free Credit Monitoring
- Claims information – let Premera store your EOBs for you, easy access
- Spending Activity Report
- Mobile app for your phone









Pre-approved facilities in Washington:

Evergreen Hospital, Kirkland

Overlake Medical Center, Bellevue

Providence Everett, Everett

Swedish Hospital, Seattle

Valley Medical Center, Seattle

Virginia Mason, Seattle

Several outpatient surgical centers available

Other in











403(b) or Tax-Deferred Annuity

Voluntary retirement savings plan

Can start or change at any time

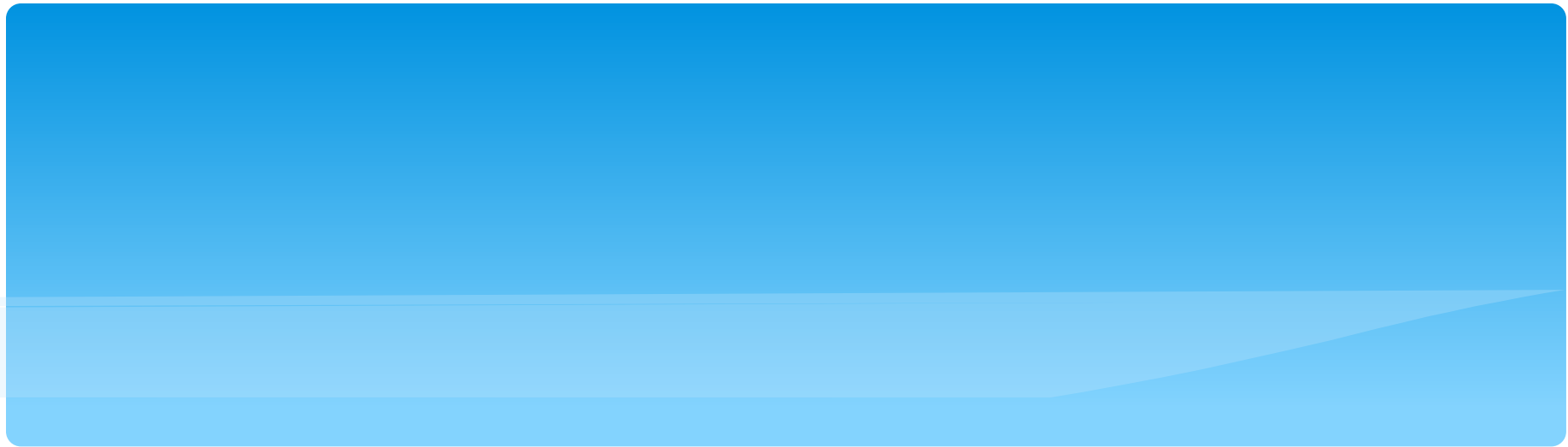
Valuable additional source of funds for retirement
(PERS, TRS or ORP are)

Complete a Salary Reduction Agreement for HR

Complete a 403(b) account application with vendor

www.alaska.edu/benefits/retirement-plans/tax-deferred-annuity

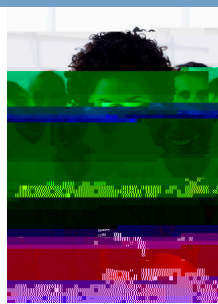
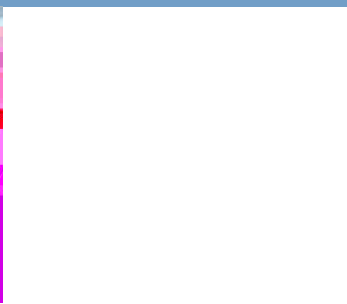
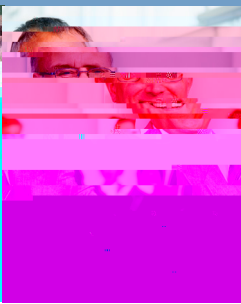




Questions?

www.alaska.edu/benefits





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